

Cloud Nine

Swedish Massage
Hot Stones
Reiki
Chakra Balancing
Crystal Healing
Detox Foot Spa
Indian Head Massage
Hopi Ear Candling
Aromatherapy Massage
Deep Tissue Massage
Reflexology

Mind Body and Spirit Centre

“Our centre offers all who visit a unique experience filled with peace and love. Whether you come to shop, see a Practitioner, have a reading or attend a class you'll leave feeling a little lighter and more inspired to live your best life”

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